



Lesson Observation Tool

County/MCP _____ Date of Observation _____

Observer _____ UCCE Educator _____

Circle one: EFNEP UC CalFresh Volunteer/Other Assistant _____

Language in which class was delivered _____

Lesson Site _____

Circle one: Adult Family-Centered Youth (specify grade level): _____ Number in Group _____

Curriculum Used: _____ Lesson Observed _____

If uncertain leave blank				
Preparation	Yes	No	N/A	Comments
1. The site is convenient for participants.				
2. The scheduled time is convenient for participants.				
3. Educator effectively adjusts to changes in scheduling.				
4. Educator arrives at the site with sufficient lead time to complete setup and welcome participants.				
5. The site is conducive to learning/or educator adjusts the room environment as appropriate.				
6. Educator brings all necessary materials and supplies for lesson delivery.				
7. USDA "And Justice for All" poster is displayed.				
8. Educator brings enrollment forms.				
9. Educator brings evaluation tools.				
10. Educator brings sign-in sheet.				
Branding	Yes	No	N/A	Comments
11. Educator is wearing nametag.				
12. Educator begins by introducing him/herself from UCCE and appropriately introduces the program.				
13. Printed/visual materials do not contain commercially branded items (logos or visuals suggestive of a brand).				
14. Printed/visual materials contain USDA funding and non-discrimination statements.				



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Curriculum	Yes	No	N/A	Comments
15. Educator follows state-approved lesson plan.				
16. Lesson is consistent with US Dietary Guidelines.				
17. Educator uses visuals that are state-approved and aligned with the curriculum.				
18. Educator uses handouts that are state-approved and aligned with the curriculum.				
19. Educational materials are provided in language(s) and at literacy level appropriate for audience.				
Lesson Delivery	Yes	No	N/A	Comments
20. Lesson begins/ends on schedule. Educator stays on task.				
21. Lesson introduction includes review of participants' goals as appropriate and acknowledges participants successes.				
22. Lesson begins with bridging to previous lesson.				
23. Educator introduces lesson topics/objectives.				
24. Key messages are delivered throughout the lesson.				
25. Teaching methods are appropriate to participants' age, learning styles, strengths, prior knowledge, and skills.				
26. Appropriate hands-on activities are included.				
27. Educator assesses for participant understanding throughout the lesson and clarifies information as needed.				
28. Educator uses culturally appropriate examples (foods, holidays, etc.).				
29. Participant language needs are addressed.				
30. No disparaging remarks or endorsements were made regarding specific industries, beverage products, or commodities.				
31. Educator reviews key messages at the end of the lesson.				
32. Educator helps participants set goals using lesson information.				
33. Educator introduces the next lesson topic and reviews date and time of next meeting.				
34. Lessons provide take-home materials as appropriate for audience, lesson, and/or curriculum. Parent materials are provided with lessons for children.				
35. Reinforcement items are related to the lesson.				



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Evaluation/Participant Feedback	Yes	No	N/A	Comments
36. Educator administers evaluation tool appropriate to the curriculum.				
37. Educator instructs participants appropriately in how to complete the evaluation tool.				
38. Educator allows sufficient time for participants to complete enrollment/evaluation tools.				
39. Educator encourages participants to write or comment on their experience.				
Participant Involvement	Yes	No	N/A	Comments
40. Educator actively engages participants in learning.				
41. Educator creates a respectful learning environment in which learners feel comfortable to participate.				
42. Educator uses appropriate group facilitation techniques to keep the class on topic and to engage all participants.				
43. Sufficient time is allocated for questions and answers.				
44. Educator answers participants' questions accurately or commits to follow-up.				
45. Educator avoids offering medical nutrition therapy/advice.				
Physical Activity	Yes	No	N/A	Comments
46. Physical activity and accompanying key message is included and appropriate.				
47. Educator reminds participants to only do activities they are physically comfortable with.				
48. Physical activity is conducted in a safe manner (educator and participants); i.e. modifications are offered.				
Recipe Demonstration or Taste Testing	Yes	No	N/A	Comments
49. Educator brings all necessary materials and supplies for recipe demonstration or food tasting.				
50. Educator is wearing branded apron.				
51. Recipe/item for taste testing relates to lesson content.				
52. Educator conducts the demonstration or taste testing using techniques that reinforce the lesson objectives.				
53. The recipe demonstration or taste testing provide sample sizes only (2-3 bites or sips).				
54. The recipe demonstration includes foods culturally				



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appropriate to majority of participants. Introduces new cultural foods to participants.				
55. The recipe demonstration follows safe practices (general physical safety + food handling).				
56. Educator includes disclaimer that products used for the demonstration or tasting are not being recommended.				

Areas done well:

Areas that could be improved:

Action items needed: (examples - training needs, review safety procedures, etc.)

Sources:

UC CalFresh Lesson Visit Tool 2014
EFNEP Lesson Observation Tool 5/2010



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Implementation Guide

Item Number		
5	The site is conducive to learning/educator adjusts the room environment as appropriate.	For example: <ul style="list-style-type: none"> Rearranging tables and chairs Asking site staff to adjust room temperature Efforts to control outside noise
7	USDA “And Justice for All” poster is displayed.	State Office will supply a poster to each educator. Additional copies can be downloaded at http://www.fns.usda.gov/sites/default/files/475C.pdf
13 & 17	Printed/visual materials do not contain commercially branded items (logos or visuals suggestive of a brand). Educator uses visuals that are state-approved and aligned with the curriculum.	For example: <ul style="list-style-type: none"> Educator should not use branded handouts whether they are pre-printed or downloaded from the internet. Standard colors or shapes suggestive of a brand such as McDonald’s yellow arches
28	No disparaging remarks or endorsements were made regarding specific industries, beverage products, or commodities.	For example: <ul style="list-style-type: none"> Disparaging remarks: Talking about how a particular type of food is “bad”; showing one particular package or brand while discussing sodium, sugar, or fat. Endorsements: discussing one brand as “better” than another. Emphasize balance and moderation: “sometimes” foods instead of “never” Disclaimer example: “Because I’m using these items today does not mean I am recommending you use these products or not use these products.”
38	Educator allows sufficient time for participants to complete enrollment/evaluation tools.	<ul style="list-style-type: none"> Intent is not to rush participants through completing evaluation tools Participants should not be working on evaluation tools while the lesson is being presented Flexibility for participants who come in late
39	Educator creates a respectful learning environment in which learners feel comfortable to participate.	For example: <ul style="list-style-type: none"> Participants are asked to volunteer to read out loud but not required.
45	Educator avoids offering medical nutrition therapy/advice.	Please see this resource on medical nutrition therapy http://efnep.ucanr.edu/files/218546.pdf
56	Educator includes disclaimer that products used for the demonstration or tasting are not being recommended.	Disclaimer example: “Because I’m using these items today does not mean I am recommending you use these products or not use these products.”

For items mandated by USDA, the Not Applicable (N/A) option was eliminated.