

## UC CalFresh Weekly Update

### February 16, 2016



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### UC ANR Employment Opportunity

#### Area Cooperative Extension Advisor—Nutrition, Family and Consumer Sciences (NFCS) Serving Fresno and Madera Counties

The University of California's division of Agriculture and Natural Resources (UC ANR) seeks an academic advisor to conduct a multicounty-based extension, education, and applied research program providing leadership to the University of California Cooperative Extension (UCCE) low-income nutrition education programs funded by the Expanded Food and Nutrition Education Program (EFNEP) and the UC CalFresh Nutrition Education Program (a SNAP-Ed Program). The closing date of this employment opportunity is **February 22, 2016**. Please visit: <http://ucanr.edu/jobs/990/?jobnum=930> for additional information regarding this opportunity.

### Upcoming Events & Deadlines



FEBRUARY 2016

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29					

#### 2/15/16 President's Day Holiday

**2/16/16 UC CalFresh Town Hall Webinar, 12:30-2:00 PM**  
The February UC CalFresh Town Hall webinar is scheduled for Tuesday, February 16, 2016 from 12:30-2:00pm. The topic of this month's Town Hall is an overview of School Wellness Policy presented by Shannan Young from Dairy Council of California.

##### ReadyTalk Information:

**Webinar Link:** <https://cc.readytalk.com/r/jsqjfs6mkdrb&eom>

**Event Password:** apple1

**Call-in Number:** 1-866-740-1260 / **Access Code:** 7544137

#### 2/17/16 UC CalFresh Curriculum/NERI Survey Due

The State Office will be placing curriculum, nutrition education reinforcement items (NERI), and branded item orders for the UC CalFresh county programs. Please coordinate with your county staff to submit one order for your county by 5:00 PM on 2/17/16. Please contact **Rolando Pinedo** ([rgpinedo@ucdavis.edu](mailto:rgpinedo@ucdavis.edu)) or **Tammy McMurdo** ([timcmurdo@ucdavis.edu](mailto:timcmurdo@ucdavis.edu)) if you have any questions.

#### UC CalFresh Evaluation Regional Trainings

The UC CalFresh State Office is offering Regional Evaluation Workshops to review evaluation expectations and to learn from UCCE county teams. These facilitated learning opportunities will be most relevant to individuals who are collecting evaluation data and/or using the results for their UC CalFresh county programs. In addition to an evaluation "refresher", we plan to use this face-to-face time with county staff to find out how we can provide better evaluation support to your teams.

#### Evaluation Workshop Details

- \* **Who Should Attend:** Program Supervisors and Nutrition Educators; Advisors (if available for part or all of the day)
- \* **Dates (Location):**
  - \* **Feb 22nd (San Jose)** - Targeted Counties—Alameda, SF/San Mateo, Santa Clara
  - \* **Mar 3rd (Davis)** - Targeted Counties—Butte Cluster, Central Sierra, Placer/Nevada, San Joaquin, Shasta/Tehama/Trinity, Yolo
- \* **Time:** 9:00am-4:00pm (6-hour workshop, 1-hour lunch)
- \* **Workshop Purposes:**
  - \* Review evaluation expectations/new consenting procedures
  - \* Check in on what is working/what can be improved
  - \* Discuss new directions (PSE Evaluation, SNAP-Ed Evaluation Framework)

Please register to attend the Evaluation Workshop scheduled in your area using the link below: <http://ucanr.edu/survey/survey.cfm?surveynumber=17185>.

If you have any questions regarding these upcoming evaluation trainings, please contact **Barbara MKNelly** ([bmknelly@ucdavis.edu](mailto:bmknelly@ucdavis.edu)) or **Angie Keihner** ([akeihner@ucdavis.edu](mailto:akeihner@ucdavis.edu)).

# UC CalFresh Weekly Update: February 16, 2016

One Shields Avenue, 1103 Meyer Hall • Davis, CA 95616 • (530) 754-7794

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cal fresh Nutrition Education

<http://www.uccalfresh.org>



## UC CalFresh Success Stories

The State Office will begin sharing successes through this new feature in the Weekly Updates. Successes for FFY 2016 can be shared through the online data entry portal: <http://ucanr.edu/survey/survey.cfm?surveynumber=16525>.

*"Me parecio muy interesante esta clase porque me dio las bases para identificar cual es la comida mas saludable, como combinar alimentos y a saber elegir a la hora de comprar."*

*"It was a very interesting class because it gave me the foundation to identify which foods are healthier, how to combine foods and learn how to choose during shopping."*

—Plan, Shop, Save & Cook Participant, San Joaquin County

*"I have learned to budget, compare unit prices, read nutrition labels and portion sizes. I have already made some good changes in what I eat and am aware on how to read the labels. I am also watching the portion sizes."*

—Plan, Shop, Save & Cook Participant, Stanislaus County

## Smarter Lunchrooms Movement of California



### The Smarter Lunchrooms Movement of California

The UC CalFresh State Office would like to see how the Smarter Lunchroom Movement of California has been implemented in your county! Please share your success stories and photos with Lindsay Hamasaki via e-mail: [lmhamasaki@ucdavis.edu](mailto:lmhamasaki@ucdavis.edu).

### The Smarter Lunchrooms Movement of California Monthly Nudge

The Smarter Lunchrooms Movement of California *Monthly Nudge* is a monthly newsletter which provides updates on how the Smarter Lunchrooms Movement is moving throughout California and is brought to you by the SLM of CA Collaborative. The newsletter provides updates, upcoming trainings and events, and more! If you are interested in signing up to receive the *Monthly Nudge*, please [click here!](#)

### School Lunch Goes Mobile by Dairy Council of California

The following success story was featured in the February edition of the *Smarter Lunchrooms Movement of California Monthly Nudge*.

What do you do when students don't buy lunch because cafeteria lines are long? Take lunch on the road! Donnelle Frost, Food Services Supervisor, was looking for a new way to serve reimbursable meals to students at Clovis West High School in Clovis, CA. Cafeteria lunch lines were long and the additional snack bar wasn't attracting students who hang out in the quad during their lunch break. In order to better serve the students and shorten the cafeteria lines, Ms. Frost experimented with serving reimbursable meals from a serving cart called *Cruising Café*. Located outside the cafeteria and in close proximity to students socializing in the quad, the cart now provides about 100 reimbursable lunches per day. It has been a great solution for students who wanted a meal, but weren't willing to wait in long cafeteria lines. Phoebe Copp, Dairy Council of California, Community Nutrition Adviser and Smarter Lunchrooms TAP's provider, asked a student why he chooses lunch from *Cruising Café*, the mobile lunch cart. He replied, "I don't like to go inside the cafeteria, and don't want to walk all the way over to the snack bar. This works for me!" By making lunch easily accessible, the mobile cart has increased reimbursable meal sales, provides a balanced meal and makes healthy eating easier for students.



## Welcome New UC CalFresh Staff!

This new feature is to introduce and welcome new staff to UC CalFresh. If you have new staff, please send a short paragraph and photo to Lindsay Hamasaki at [lmhamasaki@ucdavis.edu](mailto:lmhamasaki@ucdavis.edu).



### Maria Gutierrez, Community Education Specialist 1, UCCE Tulare County

Maria Gutierrez graduated from UC Davis with a degree in Human Development and through her experience working in public health fields she developed a passion for nutrition and working with youth. She worked as a Corporate Health Educator where she provided support, accountability, motivation, resources and nutrition education to people needing support to reach their health goals. She also facilitated food demos and health presentations related to glucose, cholesterol, nutrition and physical activity and other health areas. Maria is a native of Kings County and a current resident of Tulare County and through nutrition education she hopes to empower adults, teens and children to make healthy food choices. Maria strives to participate in a half-marathon every year. The past two years she participated in the Nike Women's Half-Marathon and is looking forward to this year's race. Maria can be reached at: [mgutierrez@ucanr.edu](mailto:mgutierrez@ucanr.edu).



## UC CalFresh in Action!

### **Congratulations to Lake Tahoe Unified—Sierra House Elementary School, FUTP60 Award, UCCE Central Sierra**

Congrats to Lake Tahoe Unified—Sierra House Elementary School who was awarded funds from Fuel Up to Play 60 in order to further implement their fitness and nutrition goals. A staff member from Sierra House Elementary writes, “Funding from Fuel Up to Play 60 provides a unique opportunity to combine the two main focuses of our school—fitness and nutrition. Using our growing domes and school garden to teach garden based nutrition provided by UC CalFresh, has now extended beyond just ‘growing food’. Using the food we grow in the domes to create healthy smoothies for our students to drink after a PE/nutrition lesson links health, fitness and nutrition in a hands on way that we believe will impact our school community in a positive and empowering way. UC CalFresh Nutrition Education Program has been a strong partner in providing guidance and resources for our lunchroom, garden space and garden based nutrition curriculum.”

Up to \$4,000 per year is available to qualified K-12 schools enrolled in Fuel Up to Play 60 to kick start healthy changes. The next round of applications opens in Spring 2016. Check out how you can start preparing your application on the Fuel Up to Play 60 website [here](#).

### **UC Delivers**

This is a friendly reminder that counties should contact **Andra Nicoli** ([amnicoli@ucdavis.edu](mailto:amnicoli@ucdavis.edu)) at the State Office if you are interested in developing a UC Delivers or have recently submitted a UC Delivers without State Office involvement. For those developing a UC Delivers, Andra can assist you in writing/editing/submitting a UC Delivers story. The State Office is also interested in keeping track of UC Delivers that are being submitted directly from counties. For those not requiring writing/editing services from the State Office, please share a copy of your submission with Andra. In this way, we can track the type of stories UC CalFresh is submitting and advocate for your story!

### **UC CalFresh Nutrition Corners**

The UC CalFresh State Office would like to see the creative ways your program and partners have used the Nutrition Corners in your county. Please send photos and a brief description to Lindsay Hamasaki at [lmhamasaki@ucdavis.edu](mailto:lmhamasaki@ucdavis.edu).

### **FFY 2017-2019 Integrated Work Plan (IWP) Instructions, Sample and Template Available on the 2016 SNAP-Ed LIA Forum Website**

Electronic copies of the FFY 2017-2019 Integrated Work Plan (IWP) Instructions, Template and Sample have been posted and are available on the 2016 SNAP-Ed LIA Forum Website.

- \* [Integrated Work Plan Instructions FFY17-19](#)
- \* [Integrated Work Plan Template FFY17-19](#)
- \* [Integrated Work Plan Sample FFY17-19](#)

To download or view these documents, please visit: <http://www.cvent.com/events/2016-lia-snap-ed-forum/custom-19-635d7b2737b344879b0e1d218dca40cf.aspx>.

### **Presentations and Handouts from the 2016 SNAP-Ed LIA Forum Now Available!**

Electronic copies of presentations and handouts from the 2016 SNAP-Ed LIA Forum are now available on the 2016 SNAP-Ed LIA Forum Website. Please visit: <http://www.cvent.com/events/2016-lia-snap-ed-forum/custom-35-635d7b2737b344879b0e1d218dca40cf.aspx> for additional information.



### **SNAP-Ed Local Implementing Agency Forum**

*Going the Distance: Paving the Way for Effective Multi-Year SNAP-Ed Program Delivery*

January 13 – 14, 2016 • Sacramento, CA



## Articles & Research



### **Is more physical education at school linked to higher student math scores?**

The amount of time students spend doing physical activity in school appears to be linked to higher standardized math scores in D.C. schools, according to a new American University study that examined the success of the city’s Healthy Schools Act and found that schools offering more physical activity had significantly better math success. The law, passed in 2010, requires D.C. public and public charter schools to adhere to requirements for what food must be served and how much physical activity should be built into each school week. The schools received funding as part of the legislation and were required to report how they implemented the program. “This finding demonstrates that students’ academic performance improves when there’s a balance between time spent on physical education and time spent on learning,” said Stacey Snelling, dean of American University’s School of Education. Since the Healthy Schools Act was passed, the District’s schools have been required to incrementally increase the amount of physical education offered to elementary and middle school students each year. In the 2014-2015 school year, elementary school students should have received an average of at least 150 minutes per week, while middle school students should have received an average of at least 225 minutes. Schools across D.C. struggled to meet those targets for physical education, but those that provided about 90 minutes each week saw higher standardized math scores, according to the report. The study divided the city’s elementary schools into four groups based on how much physical education they offered: the lower 25 percent, lower-middle 25 percent, upper-middle 25 percent, and upper 25 percent. The researchers then took the average DC CAS math proficiency score from the 2012-2013 school year for each of these four groups and found that schools offering more physical activity posted higher math scores. Some of the findings were also published in the academic journal *Appetite*. [Read full article.](#)





## Education & Resources

For additional resources, please visit the UC CalFresh website: <http://www.uccalrfresh.com/resources>



### Just Released! The 2016 SNAP-Ed Strategies & Interventions: An Obesity Prevention Toolkit for States

The 2016 SNAP-Ed Toolkit is now available! It includes interventions and resources for evidence-based policy, systems, and environmental changes that support direct education and social marketing interventions. The highlights of the new toolkit include:

- \* Adds **20 evidence-based** strategies and interventions
- \* An update on the Western Region's SNAP-Ed Evaluation Framework (renamed the SNAP-Ed Evaluation Framework)
- \* SNAP-Ed Evaluation Framework's logic model with 51 indicators

To download a copy of the newly released toolkit, please visit: <https://snaped.fns.usda.gov/national-snap-ed>.

### Team Nutrition Resource: Spanish translation of *Nutrition and Wellness Tips for Young Children: Provider Handbook for the Child and Adult Care Food Program* Now Available

The Spanish translation of *Nutrition and Wellness Tips for Young Children: Provider Handbook for the Child and Adult Care Food Program* is now available in Spanish from Team Nutrition. Tip sheets and other resources for child care providers are also available [online](#):

- \* Building a healthy plate with fruits, vegetables, whole grains, and beans
- \* Encouraging physical activity and active play
- \* Limiting screen time
- \* Food safety and more!

Child care centers, family day care homes, sponsoring organizations, and others participating in USDA Child Nutrition Programs, such as CACFP, can order free copies from [USDA's Team Nutrition](#). All are welcome to download materials from the [Team Nutrition website](#). Please also refer to other Team Nutrition resources available in Spanish: <https://healthymeals.nal.usda.gov/resource-library/team-nutrition-resources-spanish>.

### Training Opportunities for SNAP-Ed Local Implementing Agencies

On behalf of the California Department of Social Services, California Department of Public Health Nutrition Education and Obesity Prevention Branch (NEOPB) is pleased to announce several upcoming SNAP-Ed trainings available to appropriate staff from SNAP-Ed state and local implementing agencies in California. For more information on each training, please refer to the attached flyer; for information on all SNAP-Ed trainings contact the Training and Development Section at [NEOPBTrainingSection@cdph.ca.gov](mailto:NEOPBTrainingSection@cdph.ca.gov). Some of the upcoming trainings include:

- \* Introduction to the EatFresh.org Mini Course (Webinar)
- \* Smarter Lunchrooms Movement Principles & Practices Workshops (In-person, Various Locations: Ontario, Bakersfield, Salinas, Livermore, Chico)

These and other trainings are also posted on the NEOPB Training and Events Calendar, available online at: <http://www.cdph.ca.gov/programs/NEOPB/Pages/NEOPB%20Calendar%20of%20Events.aspx>.

### Webinar Recording Available: Linking Community Development to Individual Choices: How SNAP-Ed and Community Development can work together

The SNAP-Ed Program Development Team, in partnership with the Regional Rural Development Centers (RRDCs), conducted a webinar on "Linking Community Development to Individual Choices: SNAP-Ed and Community Development Working Together." To listen to the recorded webinar, please visit: <http://msues.adobeconnect.com/p7ngvvyhlz5/>.

### Registration Open for SLM Introductory Trainings!

**Smarter Lunchrooms Movement Principles and Practices Workshops** provide a solid foundation in the theory of the SLM principles and practices. In this five-hour introductory workshop, you will identify and diagnose school lunchroom challenges and develop a plan to implement one to three changes in the lunchroom. Participate in an interactive session on how to engage internal and external stakeholders, and learn about front-line training, implementation resources, and ways to measure success.

**Prerequisite:** Before attending the training, you must view the 2-hour online course on the [smarterlunchroom.org](http://smarterlunchroom.org) website. This will greatly enhance your understanding of Smarter Lunchrooms and help you get the most out of the in-person training.

### Registration Instructions for Nonprogram Participants:

1. Access the CDE CNIPS Web page at [https://www.cnips.ca.gov/ccgCnpTraining/training/trainingRegistration\\_2.aspx](https://www.cnips.ca.gov/ccgCnpTraining/training/trainingRegistration_2.aspx) to begin the online registration process.
2. Enter your agency or organization name in the text box where indicated. If you do not work an agency or organization, enter your last name in the text box. Select **View Available Training**.
3. Register following the system prompts below:
  - a. Program Screen—select **All**
  - b. Training Screen—select **Smarter Lunchrooms Movement**
  - c. Location Screen—select preferred location
4. After completing the Attendee Information and selecting the **continue** button, a confirmation e-mail will be sent to the e-mail address provided upon completion of the registration process.

Please also refer to the attached flyer for additional information. For UC CalFresh programs, please contact **MaryAnn Mills** at [mamills@ucdavis.edu](mailto:mamills@ucdavis.edu) if you have any questions.

### Action for Healthy Kids Winter/Spring 2016 Webinars

Please see the list of Winter/Spring 2016 webinars hosted by Action for Healthy Kids:

- \* **Every Kid Healthy Week 2016: Webinar, February 17, 2016, 11:00 AM-12:00 PM (Noon) PT**

Action for Healthy Kids is proud to work with schools nationwide to promote Every Kid Healthy™—a national movement to make all schools healthier places. During Every Kid Healthy Week (April 25-29, 2016) schools across the country will host events that highlight their great work and encourage students and their families to eat better and be active every day. Join this webinar to get additional information and resources to host your Every Kid Healthy Week event. To register, please visit: <http://www.actionforhealthykids.org/events/event/332>.

For additional information, including a full list of the Winter/Spring 2016 webinars, please visit: <http://www.actionforhealthykids.org/events/webinars>.

## Education & Resources (continued)

### Webinar Series: Planning for Farm to School Success in 2016

Have you resolved to incorporate more local food into your school meal program in 2016? You are not alone! Preliminary results of the 2015 Farm to School Census tell us that more than 1,700 school districts don't yet have farm to school programs, but are interested in starting one. USDA will be hosting a farm to school webinar series titled *Planning for Farm to School Success*. Through this 11-part series, they will guide you through the USDA Farm to School Planning Toolkit. Served up in bite-sized 30 minute webinars, they will offer questions to consider and helpful resources to reference when starting or growing a farm to school program. Guest speakers will join the webinars to share their hands on farm to school experiences. The entire series is outlined on the [Videos and Webinars](#) page of the USDA Farm to School webpage. Below are a few of the upcoming webinars in the series:

#### 4. Farm to School Menu Planning, February 18, 2016, 2:00 PM EST

Let's bring local products to life on your school lunch and breakfast menus! This presentation will take you through the menu planning cycle and show you the variety of ways to incorporate local products into your school recipes, salad bars, and cycle menus so they become permanent items in your kitchen inventory. To register, please visit: <https://cc.readytalk.com/r/c8h5kxmgkmbymby&eom>.

#### 5. Food Safety, March 3, 2016, 2:00 PM EST

How can we ensure the safety of farm fresh food? We'll share local food safety best practices, including identifying safety measures for school gardens and school salad bars. To register, please visit: <https://cc.readytalk.com/r/5vzreykxw70o&eom>.

#### 6. Promoting Your Farm to School Program, March 17, 2016, 2:00 PM EDT

You've put in so much hard work! Now, how do you promote your farm to school program to ensure student, school, and community engagement? Hear about programs that have successfully promoted farm to school programs while managing a tight budget. To register, please visit: <https://cc.readytalk.com/r/upjlruplmamm&eom>.

#### 7. School Gardening, March 31, 2016, 2:00 PM EDT

Hear about the different ways to incorporate school gardens into your farm to school program as well as hear how schools are successfully procuring school garden produce for their meal programs. To register, please visit: <https://cc.readytalk.com/r/mp75gg1qterq&eom>.

#### 8. Curriculum Integration, April 7, 2016, 2:00 PM EDT

Experiential education is an important component of successful farm to school programs. This webinar will help you plan for your farm to school educational efforts and brainstorm food, agriculture, and nutrition-related educational activities with which you can engage students. To register, please visit: <https://cc.readytalk.com/r/wb1r7we3d6r6&eom>.

#### 9. Program Sustainability, April 28, 2016, 2:00 PM EDT

Your farm to school project is blooming! But what will happen if funding levels decrease or community interest lags? With this webinar, plan ahead for these potential scenarios and learn about program sustainability best practices. To register, please visit: <https://cc.readytalk.com/r/h7vwxofhwglij&eom>.

#### 10. Evaluating Your Program, May 12, 2016, 2:00 PM EDT

We all know that farm to school programs create positive economic impacts for local and regional farmers and improve the health and well-being of our nation's children. But how can we measure these changes to document these positive impacts? Hear from seasoned farm to school evaluators to learn best practices for evaluating your farm to school efforts. To register, please visit: <https://cc.readytalk.com/r/l27wtsvj3ai1&eom>.

#### 11. Tying It All Together and Digging In, May 26, 2016, 2:00 PM EDT

Join us for a healthy dose of motivation! Deborah Kane, Director of USDA's Office of Community Food Systems, will hit the highlights by showing how local procurement fits into the larger farm to school picture and share several resources to help you meet your local purchasing goals. To register, please visit: <https://cc.readytalk.com/r/j5k0uh1vk78&eom>.

For additional information on the remaining webinars in the series, please visit: <http://www.fns.usda.gov/farmtoschool/videos-and-webinars>.

### Healthy Happy Families Curriculum Training for UC CalFresh Staff, Various Dates

Registration is now open for the Healthy Happy Families curriculum training for UC CalFresh staff. This training is strongly recommended for UC CalFresh Nutrition Educators who work with parents. Advisors and Supervisors are encouraged to also attend. Educators participating in the training will be assigned a 15-20 minute lesson demonstration from the Healthy Happy Families curriculum. Lesson demonstrations will be presented throughout the day. The Healthy Happy Families curriculum training will be presented by Dr. Lenna Ontai and members of the Families with Young Children ANR Workgroup. The training will provide staff the opportunity to learn:

- \* Parenting skills that promote healthy eating habits in pre-school children
- \* How to effectively engage parents in the curriculum lessons and activities
- \* How to address parents' questions about child feeding challenges

Two regional trainings will be offered. Please register for the training that is closest to your location. **Educators:** If you are not able to attend the training closest to your location you need to check with your Advisor and/or Supervisor before registering for the alternate training location.

- \* Davis: February 25, 2016—9:00 AM to 4:00 PM, UC ANR Building, San Joaquin Valley Room (2801 Second Street, Davis, CA 95618)
- \* Fresno: February 29, 2016—9:00 AM to 4:00 PM, UC Merced Fresno Center Inyo-Kern Room (550 E. Shaw Avenue, Fresno, CA 93710)

To register for the Healthy Happy Families Curriculum Training, please visit: <http://ucanr.edu/survey/survey.cfm?surveynumber=17231>. Any questions related to this training can be directed to Lyn Brock at: [rlbrock@ucanr.edu](mailto:rlbrock@ucanr.edu).

### Team Nutrition Smarter Lunchrooms Grant Reopened, Deadline: March 7, 2016, 4:00 PM PST

The California Department of Education (CDE) Nutrition Services Division (NSD) is reopening the request for applications (RFA) for the Team Nutrition (TN) Smarter Lunchrooms Movement (SLM) of California (CA) (TN SLM of CA) grant and encourages eligible school food authorities (SFA) to apply.

**Applications are due on Monday, March 7, 2016, at 4 p.m. Pacific time.** This grant is a great opportunity for school partners looking to receive additional funding to aid in the implementation of SLM. Please refer to the **attached flyer** with grant details and application information or visit: <http://www.cde.ca.gov/fg/fo/r9/tnsml15rfa.asp>.

### Webinar: Shaping Healthy Choices Program (SHCP)—Introduction and Overview Webinar, March 8, 2016, 3:00-4:00 PM

The Shaping Healthy Choices Program (SHCP) is a research-tested, comprehensive obesity prevention program that uses an integrated, "whole school" approach to positively influence children's health. SHCP improves nutrition-related health outcomes through garden-enhanced nutrition education, parent and community engagement, school wellness policies, youth engagement, and improvements to the school environment. In this webinar, Rachel Scherr and Jessica Linnell from the UC Davis Center for Nutrition in Schools will provide information about the program and findings from research. Additionally, Suzie Lawry-Hall (Butte County Cluster) and Shannon Klisch (San Luis Obispo Cluster) will share their successes of implementing the Shaping Healthy Choices Program during the pilot phase of introducing SHCP to UC CalFresh. To participate in this webinar, please visit: <https://cc.readytalk.com/r/o4bhb70iseug&eom>. (Event Password: shcp1; Call-In Toll-Free Number: 1-866-740-1260; Access Code: 7520555).

## Education & Resources (continued)

### Webinar Series: Learn and Engage with America Walks in 2016!

America Walks is excited to announce their 2016 Webinar Series. Join America Walks on the second Thursday of each month as they explore topics, questions and resources that are critical to building the walking movement. A few of the upcoming webinars are listed below:

\* **Exploring Tactical Urbanism, March 10, 2016, 11:00 AM PST**

Walkable communities are safe, healthy and vibrant communities. America Walks is excited to offer a webinar that explores how the idea of tactical urbanism is instrumental in creating communities that promote enjoyable and accessible physical activity. Join us as we speak with two leading experts in tactical urbanism this idea and how it is informing their work in local communities. To register for this webinar, please visit: <https://attendeegotowebinar.com/register/6673944692096242689>.

\* **Surgeon General's Call to Action—Walking as a Practice, April 14, 2016, 11:00 AM PST**

The release of the Surgeon General's Call to Action on Walking & Walkable Communities in September 2015 was a watershed moment for the walking movement. Its release provided leadership and motivation for governments, businesses and organizations to address the numerous barriers to safe, active mobility and promote the multiple health benefits of walking. Join America Walks as we look at the great work that has been done since its launch and what is next. To register for this webinar, please visit: <https://attendeegotowebinar.com/register/4587010049926260225>.

For additional information about the webinars, please visit: <http://americawalks.org/america-walks-announces-2016-webinar-series/>.

### Funding Opportunity: Responsive Grants Program, Deadline: March 14, 2016, 12 PM (Noon) PST

The Responsive Grants Program is back in 2016 with grants up to \$15,000 to support projects that improve health and well-being for people throughout their [26-county funding region](#). There will be one funding round this year, with a total of \$500,000 available. At least 30 percent will be awarded for projects serving rural areas of the region. Applications are due by noon on March 14, 2016. A proposers' conference will be held in Redding on February 9 from 1:30 PM to 3:30 PM and a webinar on February 10 from 3:00 PM to 4:30 PM. Participation is recommended, but not required. For additional information, including how to register for the proposers' conference or webinar and to download application materials, please visit the Responsive Grants Program webpage: <https://www.sierrahealth.org/responsive-grants-program>.

### Funding Opportunity: Policies for Action: Policy and Law Research to Build a Culture of Health, Deadline: March 15, 2016, 3:00 PM EST

*Policies for Action: Policy and Law Research to Build a Culture of Health (P4A)* was created to help build an evidence base for policies that can lead to a Culture of Health. P4A seeks to engage long-standing health and health care researchers, as well as experts in fields like housing, education, transportation, and the built environment, to name a few, who have not worked in health before. The goal is to develop research that generates actionable evidence—the data and information that can guide legislators and other policymakers, public agencies, educators, advocates, community groups, and individuals. The research may examine established laws, regulations, and policies as well as potential new policies and approaches. The research funded under this call for proposals (CFP) should inform the significant gaps in our knowledge regarding what policies can serve as levers to improve population health and well-being, and achieve greater levels of health equity. Additional information on this program can be found at [policiesforaction.org](#).



## We want to hear from you!

The UC CalFresh State Office would love to hear from you! Please e-mail Lindsay Hamasaki at [lmhamasaki@ucdavis.edu](mailto:lmhamasaki@ucdavis.edu) to share your comments on the new format of the Weekly Update, stories, photos, or other items you would like to see featured in future Weekly Updates.

The UC CalFresh Weekly Updates are sent by the UC CalFresh State Office on behalf of David Ginsburg, Director of the UC CalFresh Nutrition Education Program. Electronic versions of the Weekly Updates are also posted on the UC CalFresh website: <http://www.uccalfresh.com/weekly-updates>.

The University of California CalFresh Nutrition Education Program (UC CalFresh) is funded through a joint agreement among the U.S. Department of Agriculture/Food & Nutrition Service (USDA/FNS), the California Department of Social Services (CDSS) CalFresh Branch, and the University of California Cooperative Extension (UCCE). This material was produced by the University of California CalFresh Nutrition Education Program with funding from USDA SNAP, known in California as CalFresh (formerly Food Stamps). These institutions are equal opportunity providers and employers. CalFresh provides assistance to low-income households and can help buy nutritious foods for better health. For CalFresh information, call 1-877-847-3663.